



## Mind Over Math Put Yourself on the Road to Success by Freeing Yourself from Math Anxiety

By Joseph Warren

McGraw-Hill. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 7.9in. x 5.3in. x 0.5in.Mind Over Math evolved from a workshop program developed by the authors for business and professional people, as well as students. Using a friendly, informal style, they debunk math myths, explore the roots of math anxiety, and demonstrate that doing math is not really so different from any other skill. Reinforcement is provided in a section of math practice. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



## Reviews

This publication is definitely worth buying. It can be loaded with wisdom and knowledge I am easily could possibly get a satisfaction of looking at a composed publication.

## -- Rhiannon Steuber

Very helpful to all type of individuals. It really is rally interesting through looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- Tyshawn Brekke