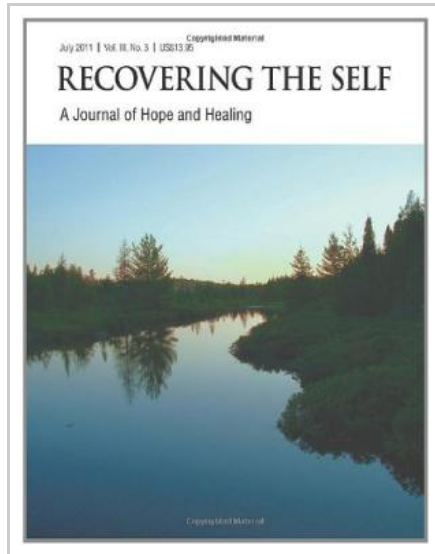




## Recovering the Self: A Journal of Hope and Healing (Vol. III, No. 3) -- Focus on Health

By David Roberts

Loving Healing Press. Paperback. Book Condition: New.  
 Paperback. 114 pages. Dimensions: 9.7in. x 7.4in. x 0.2in. Recovering the Self: A Journal of Hope and Healing (Vol. III, No. 3) April 2011 Recovering The Self is a quarterly journal which explores the themes of recovery and healing through the lenses of poetry, memoir, opinion, essays, fiction, humor, art, media reviews and psychoeducation. Contributors to RTS Journal come from around the globe to deliver unique perspectives you won't find anywhere else! The theme of Volume III, Number 3 is Health and Wellness. Inside, we explore physical and mental aspects of this and several other areas of concern including: Alzheimers Disease Mental Illness Addiction Recovery Bi-Polar Disorder Idiopathic Anaphylaxis Alveolar Rhabdomyosarcoma (muscle cancer) Journaling Diet and Nutrition Homelessness Polio Vision Impairment Sleep Disorders Sensory Processing Disorder (SPD) . . . and much more! This issue's contributors include: Craig Harvey, Kat Fasano-Nicotera, Alison Bergblom Johnson, Robin Marvel, Sweta Srivastava Vikram, Natalie Jeanne Champagne, Bonnie Spence, Huey-Min Chuang, Malin H. L. Forsman, Leslee Tessmann, William E. Krill, Jr, Hugh Fox, Deborah K. Frontiera, Shaman Elder Maggie Wahls, Kristin Lieberman, Jared Combs, Holli Kenley, Patricia Wellingham-Jones, Jay S. Levy, Albert Garoli, Vincent Sobotka, Leonore Dvorkin, Chynna T....



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