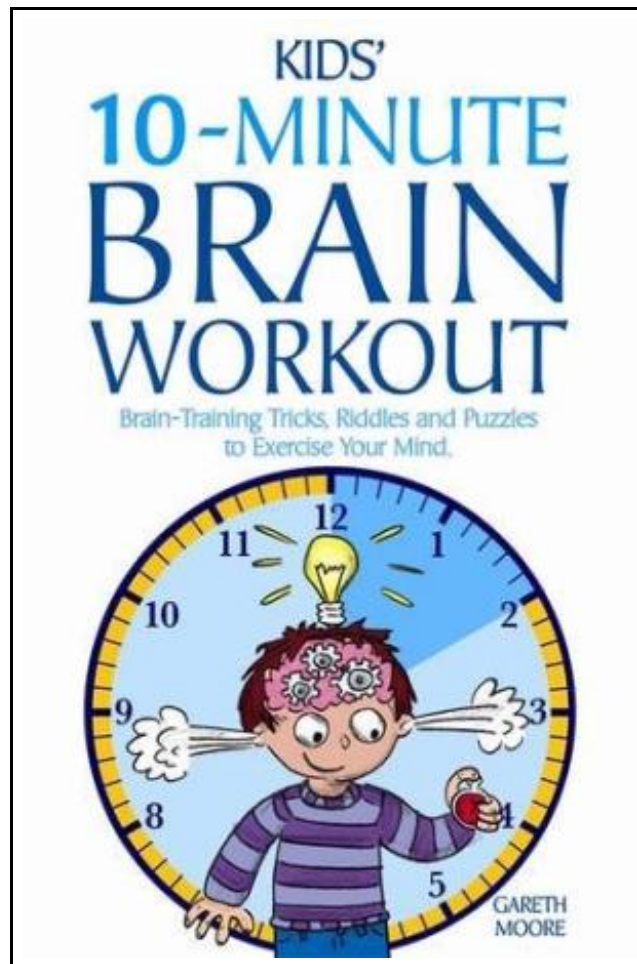


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Michael O Mara Books Ltd, United Kingdom, 2006. Paperback. Book Condition: New. Gareth Moore (illustrator). 194 x 128 mm. Language: English . Brand New Book. This book contains over one hundred brilliant, one-a-day, ten-minute brain workouts - each workout made from variety of puzzles: memory tests with words, shapes and numbers; simple calculations; word squares and jumbled sentences; verbal-reasoning exercises and Sudoku or Kakuro problems - designed to train every part of your brain: Language; Visual and spatial awareness; Memory; Attention; and Reasoning.



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