

My 30 Day Life Reflections: Journal

By Andi O Blume

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This is a simple yearly journal for keeping track of your daily thoughts, ideas, private thoughts (for my eyes only.) The perfect way to have a record keeping of personal writings you might want to look back on another time. This journal allows for writing about your mood each day. Or you might wish to use it as a dietary progress report and weight loss/gain.





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